

Yoga with Anna Knowles BWY Dip.



Price List for Private Lessons

	One Person	Two People	Three People
1 hour	£50	£60	£75
5 lessons	£225	£270	£337.50
10 lessons	£425	£510	£637.50
1.5 hrs	£75	£90	£112
5 lessons	£337.50	£405	£504
10 lessons	£637.50	£765	£952

I hold a British Wheel of Yoga (BWY) 500hr Teaching Diploma along with a BWY Yoga Nidra Teaching Certificate & have completed a Meditation Course with Swami Pragymurti as part of the Satyananda Yoga Centre in the tradition of Bihar School of Yoga.

I am fully insured and hold a First Aid at Work Certificate.

Private online yoga lessons from the comfort of your own home via Zoom.

Sessions for up to 5 people are available outside with safe spacing (weather permitting).

An additional charge may need to be added to cover petrol and time depending on where you are located. This would be discussed and agreed between us ahead of time.

All equipment is provided.

Cancellations need to be received 24 hours in advance. If under 24 hours notice is given the full price will be charged, this applies for individuals that cancel from a group session (ie 2 or more people). Bookings are non-refundable.

I look forward to sharing this wonderful practice with you, namaste.



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